

Confirmation of Energy Education Training

By changing the energy habits of my entire household and following simple energy saving practices, I understand I will be able to save money on my energy bill.

The answers to following questions can be found on the Reduce Your Energy Bills handout:

1) Exhaust fans quickly pull large amounts of heated or cooled air out of your home.

True

False

2) When selecting light bulbs, look at what to measure brightness?

Voltage

Ohms

Lumens

All of the above

3) Which items can help to increase your home's warmth around windows?

Weather stripping

Seals

Caulking

All of the above

4) What is the temperature that your hot water heater should be set at?

98 degrees

120 degrees

140 degrees

80 degrees

5) Refrigerator coils should be vacuumed how often?

Every year

Twice per year

Never

Every month

6) Adjusting the thermostat (lower in winter/higher in summer) during the night will save energy?

True

False

I have learned new ways to save money on my utility bills and will do my best to conserve energy.

Signature of Head of Household

Date

Print Name

Address

Signature of EAP Intake Worker

Date

